



Karen's Garden Delights

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Spring 2011

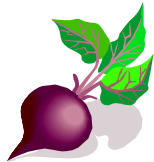
Our family is eager to begin the tasks of spring. Breathing the fresh air, digging in fertile soil and caring for livestock are things we truly enjoy and we look forward to providing delicious, nutrient dense foods for our customers. We believe it is important to be good stewards of God's Creation so we find ways to build our soils naturally without the use of toxic chemicals. Compost, cover crops and ocean solids are some of the methods we use to keep our soil alive and mineral rich. Healthy soil has a direct effect on the well-being of both people and animals and our goal is to keep our family and customers well nourished.

My speaking event and gardening class schedule continues to increase as more folks have interest in learning sustainable skills. As we work at educating others, our family needs to continue learning ourselves. Reading and attending local seminars are helpful and we again have many garden and pasture experiments happening this season.

Some new varieties that will show up in the garden this season are fava beans, bulb fennel and our children are asking for brussel sprouts to return. Olin's new project is building a burnt lime pile to add minerals to the soil and we have plans to build an outdoor wash station for produce. We will also continue tinkering with projects like season extension structures and seed production.

We wish you a delightful year of learning and eating, let us know if we can help!

Our Mission



To provide a source of fresh naturally grown produce and offer encouragement and hands on education to the local community.

What's Available:

Salad Mixes We love great salad! About a dozen kinds of lettuce, greens including arugula, mizuna, chervil, pea shoots, spinach and chard along with edible flowers will help make our mixes which are available early May till the end of June and again in the fall..

\$5 - Lettuce and spinach mix - gallon bag

\$7 - Regular salad mix - 2-3 heads

lettuce, handful of mixed greens plus toppers such as scallions, radishes, sprouts, edible flowers, carrots, etc.

\$10 - Jumbo salad bag - in peak seasons

\$3 - Cooking greens - chard, kale and more (The greens come "field rinsed" and you do the final washing at home.)

Veggie Baskets These include meal size servings of at least 5 veggies in season (beans, cukes, zucchini, red potatoes, tomatoes, peppers, greens, beets, snow peas, garlic, occasional fruits and much more plus a handful of fresh herbs) Baskets are available mid-June through hard frost for up to five families. To reserve your spot for the season, a deposit is required. Contact us.

\$14- Regular size veggie basket

\$20 - Family size veggie basket

Free Range eggs - \$2.75/dozen Delicious eggs from our laying hens on pasture.

Grass Fed Meats - pastured chickens (butchering in July and September)
grass fed beef (fall butchering)

Pick Up Info

Tuesdays and Fridays after 11am are the regular times for on-farm pick-up. If you are not on a weekly schedule, please contact me a day in advance for produce availability.



Flowers and Gift Baskets

Flowers mixed among the vegetable rows are great for attracting beneficial insects and pollinators plus they keep the gardener happy and allow our children to bring in unlimited bouquets. I'll have plenty of zinnias, snapdragons, sunflowers, Bells of Ireland, larkspur and more to create bouquets for two wedding orders this summer plus your special occasion. I'm also working with a small network of growers to send fresh blossoms to a local florist. We hope you can enjoy the beauty God blesses us with in the form of flowers.

Everyday Bouquets: (zinnias plus fillers in a clear canning jar)

\$7 - pint size bouquet, \$9 - quart size bouquet

Premium Bouquets: (includes sunflowers, dahlias and other specialty flowers)

\$12 - quart size, \$15 - half gallon, \$20 - large florist vase

Flowers by the Bucket - approximately 24 stems, you choose color scheme - \$12

Edible Flower Combo: \$5 for a generous mix of nasturtiums, calendula, borage and more

Gift Baskets \$16 and up - A unique gift for special occasions like Mother's Day, birthdays or greeting a new neighbor. Baskets include a premium seasonal veggie assortment (i.e. deluxe salad mix, heirloom tomato sampler with basil, or stir fry combo), a quart size bouquet and handmade pressed flower card. I can also add items like *Local Choices* book and fall decorations plus I am glad to create a custom basket if you give me a price range and theme ideas. These are highly seasonal so call ahead to see what is available.

Botanical Cards- handmade paper cards embellished with pressed flowers \$2.50 small, \$3.50 large.

Plantable Cards and Party Favors - homemade paper embedded with seeds of wildflowers, basil or lettuce. Pack of three heart favors or 5 gift tags is \$2.50. Larger quantities available, contact me to order specific colors for weddings, baby showers and more. Some of these items are also available at Local Roots Market in Wooster and Homespun Flowers near Kidron.



Garden Seminars

We love sharing our gardening knowledge with others. In addition to my Thursday demonstrations at Lehman's store in Kidron and occasion classes at Local Roots Market in Wooster, I also am available to speak to groups on various topics from Gourmet Salad Greens to Basic Cheesemaking. Our popular Cold Frame Seminar will be held on our farm in August, date TBA. To see my 2011 speaking schedule and full list of topics, see our farm website, www.KarensGarden.net under Events and you can also follow the weekly garden journal.

Your Trash...Our Treasure

If any of these things are cluttering your garage we will gladly "recycle" them:

- plastic green mesh pint baskets
- produce baskets
- egg cartons
- blue Mason pint jars for vases

Other Products

- ***Tomato Plants** in 4" pot - \$1.50 each (when ordered by early May) - Sungold cherry, heirloom varieties: Stupice, Green Zebra, Rose, Persimmon, Cherokee Purple and more
- ***Mixed Lettuce 6 pack** - \$1.25
Plus assorted herbs, peppers, flowers, perennials
- ***Mini seed packets** - \$1
- ***Seed Garlic** starting in August @ \$12/lb, \$10/lb for 5lb, 15 varieties
- ***Backyard Coldframing DVD** with planting guide booklet - \$16.95
- ***Local Choices** by Karen Geiser and Lisa Amstutz (Carlisle Press 2010), a friendly introduction to local foods - \$11.99
- ***Handmade Paper Supplies** - mold/deckle frame - \$9, kit w/ press, frame & felts - \$24.
- ***Dinner Bells** from recycled fire extinguishers - \$45-\$75

