



Karen's Garden Delights

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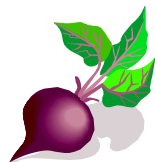
A mild winter leaped into an early spring and we got a quick start digging in the gardens even though our winter list of indoor tasks wasn't completely tackled. The cold frames are bursting with greens planted in the fall, the grass is turning bright green and baby goats and calves are skipping around the pastures. These are all signs of a new growing season whether we are ready or not.

Several winter farm seminars were inspirational in learning more about building soil and how that affects our crops. It is a beautiful sight to see things like our winter rye cover crop flourishing and to understand more about all the microbes it will encourage and humus it will create. Another health topic we learned more about this winter was using medicinal herbs. We made a number of tea mixes and tinctures and have a long list of herbs to grow and dry this season. Along with the herbs, other experimental crops this season are several new lettuces, some unique sunflowers and potentially expanding our berry production.

It is more crucial than ever to be intentional in making wise food choices and knowing your sources. We believe it is important to be good stewards of God's Creation and raise food for our family and customers that is nutrient dense and free of toxic chemicals. We wish you a delightful season of eating and good health, let us know if we can help!

Our Mission

To provide a source of fresh naturally grown produce and offer encouragement and hands on education to the local community.



Garden Products:

Salad Mixes We love great salad! About a dozen kinds of lettuce, greens including arugula, mizuna, chervil, pea shoots, spinach and chard along with edible flowers will help make our mixes which are available from April till late June and again in the fall.

\$5 - Lettuce and spinach mix - gallon bag

\$8 - Regular salad mix - 2-3 heads lettuce, handful of mixed greens plus toppers such as scallions, radishes, sprouts, edible flowers, carrots, etc. in a gallon bag

\$11 - Jumbo salad bag - in peak seasons

\$3 - Cooking greens - chard, kale and more (All greens come "field rinsed" and you do the final washing at home.)

Veggie Baskets These include meal size servings of at least 5 veggies in season (beans, cukes, zucchini, red potatoes, tomatoes, peppers, greens, beets, snow peas, garlic, occasional fruits and much more plus a handful of fresh herbs) Baskets are available mid-June through hard frost for up to five families. To reserve your weekly spot for the season, a \$50 deposit is required.

\$15 - Regular size veggie basket

\$22 - Family size veggie basket

Free Range eggs - \$2.75/dozen Delicious eggs from our laying hens on pasture.

Grass Fed Meats - pastured chickens (butchering in July and September) grass fed beef (fall butchering, limited crop)

Pick Up Info

Tuesdays and Fridays after 11am are the regular times for on-farm pick-up. If you are not on a weekly schedule, please contact me a day in advance for produce availability.



Flowers and Gift Baskets

Flowers mixed among the vegetable rows are great for attracting beneficial insects and pollinators plus they allow our children to bring in unlimited bouquets. I'll have plenty of zinnias, snapdragons, sunflowers, Bells of Ireland, larkspur and more to create bouquets for several wedding orders this summer. When you need flowers for a banquet, funeral or other occasion, think LOCAL during the growing season. It's hard to beat that "fresh from the garden" look and locally grown flowers are a great bargain compared to their cousins flown in from out of the country.

Everyday Bouquets: (zinnias plus fillers in a clear canning jar)

\$7 - pint size bouquet, \$9 - quart size bouquet

Premium Bouquets: (includes sunflowers, dahlias and other specialty flowers)

\$12 - quart size, \$16 - half gallon, larger arrangements are \$20 and up

Flowers by the Bucket - approximately 24 stems, you choose color scheme - \$14/bucket, for large orders I collaborate with an Amish flower grower who has over an acre of cut flowers

Edible Flower Combo: \$5 for a generous mix of nasturtiums, calendula, borage and more

Gift Baskets \$16 and up - A unique gift for special occasions like Mother's Day, birthdays or greeting a new neighbor. Baskets include a premium seasonal veggie assortment (i.e. deluxe salad mix, heirloom tomato sampler with basil, or stir fry combo), a quart size bouquet and handmade pressed flower card. I can also add items like *Local Choices* book and fall decorations and am glad to create a custom basket if you give me a price range and theme ideas.

Botanical Cards - handmade paper cards embellished with pressed flowers \$2.50 small, \$3.50 large.

Custom Invitations and Favors - I have several unique options for invitations for weddings, baby showers, etc. using handmade paper plus fun favors, some are even plantable and will grow wildflowers. I have prices for both the complete items and an economical do-it-yourself option where I make the paper and you do the cutting and gluing.

* Handmade paper items are also available for purchase at the Local Roots Market in Wooster.



Garden Seminars

Educating others continues to be an important aspect of our farm journey. In addition to my Thursday demonstrations at Lehman's store in Kidron, I also am available to speak to groups on various topics from Gourmet Salad Greens to Basic Cheesemaking. Our popular Cold Frame Seminar will be held on our farm in August, date TBA. The Events page of our farm website www.KarensGarden.net shows my speaking schedule and full list of topics plus you can follow the weekly garden journal.

Your Trash...Our Treasure

If any of these things are cluttering your house we will gladly "recycle" them:

- plastic green mesh pint baskets
- produce baskets
- egg cartons
- 4" greenhouse pots

Other Products

- ***Tomato Plants** in 4" pot - \$1.50 each (when ordered by early May)
- Sungold cherry, heirloom varieties: Stupice, Green Zebra, Rose, Persimmon, Cherokee Purple and more
- ***Mixed Lettuce 6 pack** - \$1.25
- Plus assorted herbs, peppers, flowers, perennials and more.
- ***Mini seed packets** - \$1
- ***Seed Garlic** starting in August @ \$12/lb, \$10/lb for 5lb, 15 varieties
- ***Backyard Coldframing DVD** with planting guide booklet - \$16.95
- ***Local Choices** by Karen Geiser and Lisa Amstutz (Carlisle Press 2010), a friendly introduction to local foods - \$11.99
- * **Metal Sculptures by Reuben**
- * **Reclaimed Wood Furniture by Olin**

